

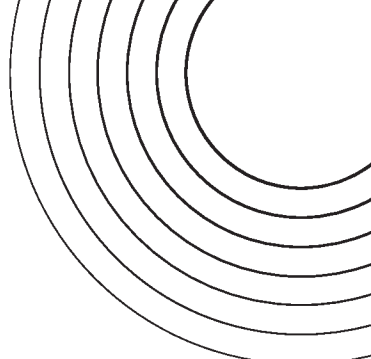


The UCM Guide

2025-2026

DAILYNESS





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Intro to UCM

KELLYJOHNSON, CHAPLAIN AT UofC, UCM TEAM LEADER

Campus Ministries (UCM Calgary) is a Christian community of students, chaplains, and student leaders at the University of Calgary, Mount Royal University, and SAIT. Our reach is broader than the campuses alone, and includes connecting with students and faculty from multiple Calgary post-secondary institutions. We gather to learn, serve, play, and grow in our awareness of God and in meaningful friendship with one another!

Speaking of friendship, one of our greatest desires is to foster an environment where you find belonging over the course of your studies. Finding friends and community on campus is vital to the depth and strength of your faith! We find Jesus at the place where we find His friends. As you lean on and learn alongside peers seeking to know God more, you will find yourself encouraged, challenged, and strengthened in your walk with God.

He will use the university environment to form you, and He has graciously allowed us to create spaces with you to lean into this formation. Whether through prayer, scripture, worship, teaching, conversations, community gatherings, spiritual practices, or service, you are invited to consciously and intentionally devote time to growing in your character, habits, relationships, and faith.

One of the ways we do this is by asking questions of God, ourselves, the world, and others. We encourage you to ask the hard questions this year, for it is in them that you will be drawn deeper into the mystery of God.

You will not be alone in your asking and wrestling! As you ask questions, make new friends, and study, we will come alongside you to pray, guide, listen, and love you all the way to the end of your time on campus and beyond.

Consider this your invitation to join in community as we connect, learn, pray, play, eat, and serve together.

Find a place with us; bring your gifts, insights, and creativity.



FYI UCM Calgary has supporters and participants from over 20 denominational backgrounds. We are part of the SERVE Campus Network across Canada and the ABNWT District of the PAOC.

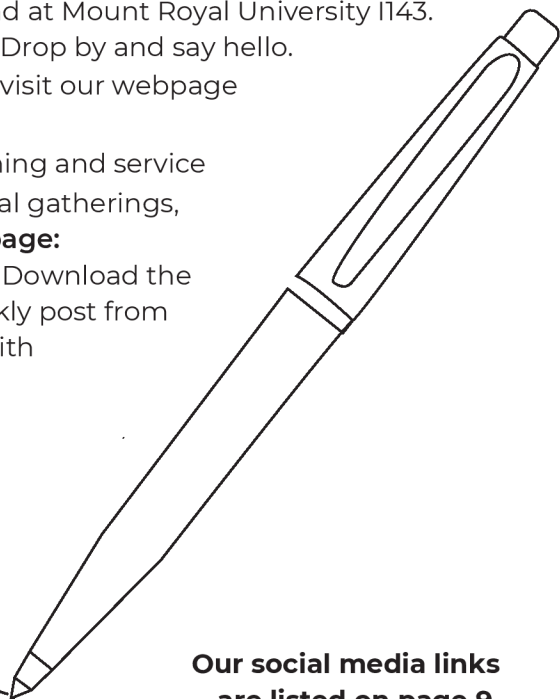
UCM has offices at the University of Calgary in the Faith and Spirituality Centre, 487 MacEwan Student Centre, at SAIT in the Stan Grad Centre, MB305, and at Mount Royal University I143. We would love to meet you! Drop by and say hello.

For more information on us, visit our webpage at ucmcalgary.org.

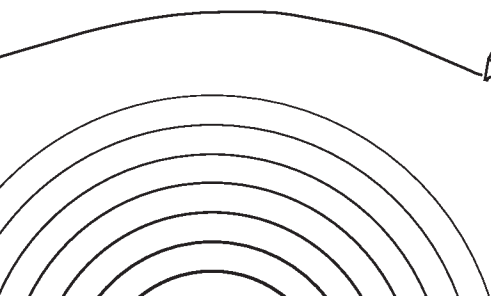
To stay informed about learning and service opportunities, as well as social gatherings, **subscribe to our Substack page:** ucmcalgary.substack.com/. Download the app and you'll receive a weekly post from us keeping you up to date with what's going on.

Visit our Linktree:

<https://linktr.ee/ucmcalgary>.



**Our social media links
are listed on page 9
of this guide.**



How to Connect with Us

Kelly Johnson — Kelly is our UCM team leader. He works out of the Faith and Spirituality Centre (MSC 487), where he can often be found. You can reach him at johnsok@ucalgary.ca or kelly@ucmcalgary.org.

Art Kung — Art is our chaplain at SAIT. His office can be found at Stan Grad Centre, MB305. You can reach him at art.kung@sait.ca or via text at 403-542-0414.

Daniel Mok — Daniel is our Associate Chaplain at the University of Calgary and Pentecostal Chaplain at SAIT. You can contact him at dkkmok@ucalgary.ca or daniel.mok@sait.ca.

Logan Johnson — Logan is our Ministry Associate at the University of Calgary. You can contact him at logan@ucmcalgary.org.

Stephanie Alexandre — Stephanie is our Ministry Aide at the University of Calgary and Mount Royal University. You can contact her at stephanie@ucmcalgary.org.

Tina Romero — Tina is our intern at the University of Calgary and Mount Royal University. You can contact her at valentina.romero@ucalgary.ca or tina@ucmcalgary.org.

We also have student leaders on all three campuses who desire to grow in their own discipleship and help their peers in their formation. You will meet them at our gatherings!

**RELATIONALLY MENTORING AND EQUIPPING STUDENTS
AS THEY SERVE JESUS ON THEIR CAMPUSES, IN THEIR
CITY, AND AROUND THE WORLD.**



Scan here to sign up for our Connect Form!

UCM Launch Party

Looking to start the academic year off in Christian community? Come to the UCM Launch Party on **Thursday, September 11** at 7 pm, downstairs at Brentview Baptist Church. Meet new people, mingle, connect, play games, and share some snacks together. You'll also be introduced to what UCM is all about and how you can grow, be formed in Christ with others, and discover your true identity in Christ. We are looking forward to getting to know you all!

Day Retreat: October 25!

Are you tired? Worn out on studies? We've got you! On **Saturday, October 25**, we invite you to a one-day retreat in the city. This is a special chance to connect with other members of the UCM community, hear relevant teaching about this year's big theme, identify daily **Identities**, enjoy a great meal, and find spiritual encouragement for the busy school year ahead.

Our retreat will be held at the Jesus Loves You Society (240 - 15 Ave SW Calgary), from 10 am to 3:30 pm on October 25. The cost for the day is \$10. For more info and to register, visit our Linktree: <https://linktr.ee/ucmcalgary>.

What to expect at the October 25 day retreat:

- Exposure to the JLYS society, one of this year's service opportunities
- Sessions on the principles and practices of our 2025-26 theme of dailyness and our Identities in Christ - led by UCM leaders/staff
- Lunch together
- Break-out sessions, Q and R sessions
- Meet new people, make new friends from across our various campuses
- Inspiration, spiritual encouragement and rest.

REMAINING IN

Dailyness

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. (John 15:4)

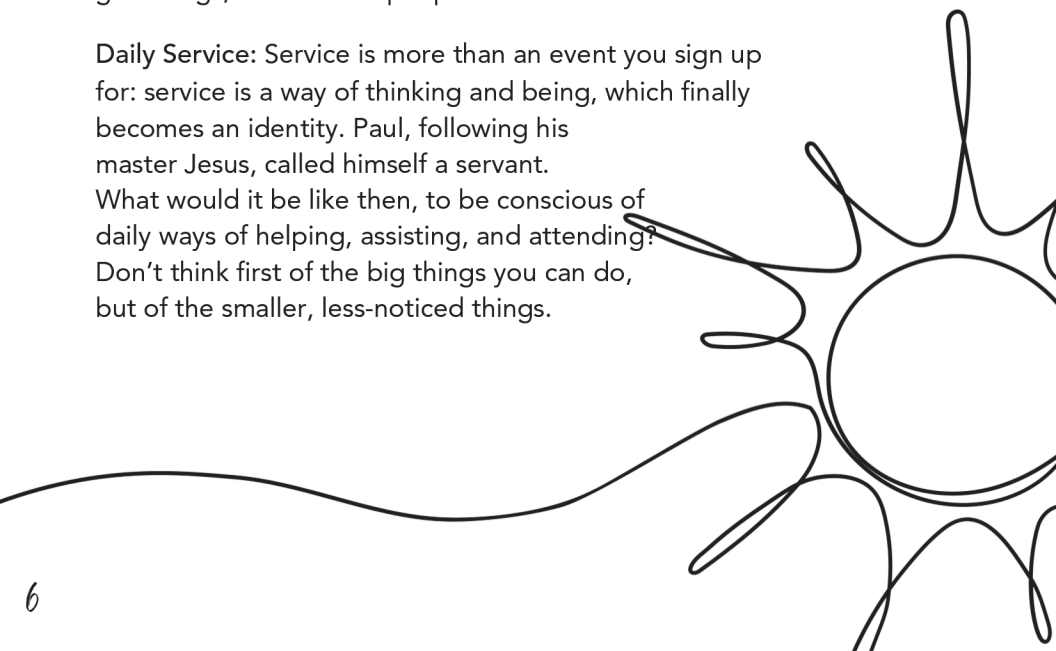
A FEW PRACTICES OF DAILYNESS

Daily Devotion: At the heart of dailyness is our time spent with God in Bible reading and prayer. To help this practice form in us, we are using the devotional *Seeking God's Face*, by Philip Reinders (see next page for details). Get your copy and participate with us!

Daily Attention: One of the key spiritual faculties each of us needs to develop is our ability to notice how God is with us, how He might be leading us, and teaching us. We call this paying attention. We want to learn this way together, regularly reporting on what we are noticing.

Daily Connection: The Christian life is primarily about our connections, and only secondarily about our disciplines and commitments. If righteousness is "right-relatedness", then consider how you can best connect. Grab a coffee with a friend, show up to events and gatherings, and be with people.

Daily Service: Service is more than an event you sign up for: service is a way of thinking and being, which finally becomes an identity. Paul, following his master Jesus, called himself a servant. What would it be like then, to be conscious of daily ways of helping, assisting, and attending? Don't think first of the big things you can do, but of the smaller, less-noticed things.



Discipleship Team

We believe that discipleship is at the heart of what it means to be a Christian. Discipleship is the experience of following Jesus and becoming more like Him in the process. Learning from Him, observing Him, and spending time with Him. It also involves serving alongside Him, being sent out by Him, and being empowered by Him. In addition to this, these disciples make other disciples.

This year at UCM, we want to intentionally call students to follow on this discipleship walk. This means we would like to give you opportunities for both service and leadership. If you choose to join the discipleship team, there will be moments throughout the year to learn ways of being with Jesus, ways of serving, and also a consistent encouragement to make other disciples. This will happen through meetings with a staff member, larger team meetings, service opportunities, and a variety of other avenues for our discipleship to grow throughout your time on campus.

This includes growth in spiritual practices, life transformation, and beginning to lead others. We hope that by participating and committing to a discipleship team, students will be equipped with practices to follow Jesus and grow into healthy individuals (spiritually, emotionally, physically, and socially), and to learn how to bring others along with you. Talk to any of our staff members about what it looks like to join us on a deeper discipleship journey.

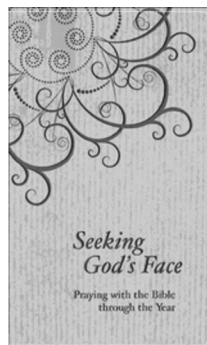


If you are interested in joining a Discipleship Team, please email Logan Johnson at logan@ucmcalgary.org.

OUR DEVOTIONAL THIS YEAR:

Seeking God's Face

It is year four of our community commitment to dailyness. This year, we want to anchor our prayer by following the devotional resource *Seeking God's Face: Praying with the Bible Through the Year*, by Philip Reinders.



This resource provides daily scripture readings, quiet listening prompts, set prayers, and a closing blessing. Additionally, the devotional follows the seasons and celebrations of the Christian calendar, which urges us to take our lives and place them in the broader story of Jesus, allowing our lives to be shaped by the rhythm of His life!

Each day of prayer contains a complete 'office' to pray, and a number of elements for you to pray with, either quietly or aloud. The daily pattern of prayers contains a Psalm, a Bible passage, time for silence, free prayer, set prayer, and a blessing to carry with you throughout the day.

As we participate in the Seeking God's Face daily readings together, we seek to be shaped, formed, and transformed by the Holy Spirit's indwelling presence in our community and in our own lives.

We are excited about this! You can receive a hard copy from us for a discounted price of \$25. If you can't afford this resource, please talk to us. We want to get one in everyone's hands who will honestly pursue dailyness. Visit <https://seekinggodsfac.org> for the daily devotional online. You can e-transfer UCM at donateucmcalgary@gmail.com. _____

**We ask that you pursue the call to
dailyness with us!**



Life on Campus

DAILY MORNING PRAYER

Scripture and Prayer at the UofC – Mondays, Wednesdays, and Fridays starting at 9 am in MacHall 317. Contact Logan for more information at logan@ucmcalgary.org.

Scripture and Prayer at MRU – Contact Kelly for more information at kpjohnson@mtroyal.ca or Stephanie at stephanie@ucmcalgary.org.

WEEKLY GATHERINGS ON CAMPUS

Worship @ the U (UofC) — We meet at noon on Mondays in MacHall 317. Contact Daniel at dkkmok@ucalgary.ca.

Worship @ the Well (MRU) — We meet Wednesdays at noon, in U111. Contact Kelly at kpjohnson@mtroyal.ca; or Stephanie at stephanie@ucmcalgary.org.

Christian Prayer @ SAIT — Hosted in MC311 at noon. Contact Art at art.kung@sait.ca or Daniel at daniel.mok@sait.ca.

Interfaith Interface @ SAIT – We meet every Friday at 12 pm in MB305. Contact art.kung@sait.ca.

SOCIAL MEDIA POSTINGS

Follow us on our socials:

   @ucmcalgary

SUBSTACK

We provide weekly updates with all of our events and info here: <https://ucmcalgary.substack.com/>.

EVENTS

Visit our Linktree: <https://linktr.ee/ucmcalgary>.

Identities

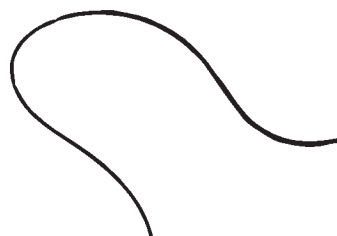
We live our lives from the identities we embody. How we understand ourselves and our stories influences not only how we live but also how we approach God. Thinking about identities can feel self-centred, but by always posturing our identities back to our relationship with God, we can see where our worth is truly rooted. Our walk with Jesus can become freer as we learn to live from a place of truly being ourselves and who God made us to be in a larger story.



At the Convergence and our accompanying conversations, we will discover healthy identities through exploring our deep inner-worlds, our broad public lives, and how God is present in between it all, not just in our weekly worship gatherings or prayer meetings, but in the everyday. Understanding ourselves through the kaleidoscope of our God-centered identities can transform our whole way of being and help us walk with a practice of daily-ness and a faith lived out in the motions of the mundane and the ordinary.

Throughout our university experience, we are all shaped and moulded by what we do, who we spend time with, and what we are learning.

Post-secondary can be a confusing time to navigate, but when we are confident in who we are and in Whose image we are made, we can find our identities deeply rooted in the story of Jesus. For Convergence this year, you can check out the topics and dates on pages 11-12 in our guide.



The Convergence

The Convergence is a monthly gathering of students from across our three campuses (we converge). Led by the UCM team and powered by student participation, the Convergence gathering is a time to worship and learn through teaching off-campus! The talks are intended to engage both the mind and the heart. Our faith is worthy of serious intellectual engagement, while at the same time, it is intended to be an experience of God with each other. This is how we are changed!

THIS YEAR'S THEME: *IDENTITIES*

**LOCATION: DOWNSTAIRS AT BRENTVIEW BAPTIST
(3512 CHARLESWOOD DR NW)**

TIME: 7:00 PM

CONVERSATIONS The Conversations are our anticipatory

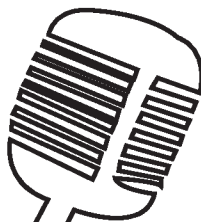
interactions with the

Convergence theme of the month. In them, we seek to go deeper into each month's topic by asking questions and sharing initial reflections. Held as a live conversation, and facilitated by a staff person or a student lead, we invite you to bring your questions and thoughts as we discuss the topic together!

THE CONVERGENCE PODCAST We've got a podcast! The

Convergence

Podcast can be found on all major listening platforms. Search for The Convergence Podcast or UCM Calgary on your favourite audio app.



2025-2026

Convergence Schedule

THIS YEAR'S THEME: IDENTITIES

September: *Identities: Apprentices*

Convergence — **Sept 25**

October: *Identities: Children of God*

Conversations — **Oct9**; Convergence — **Oct 30**

November: *Identities: Witnesses*

Conversations — **Nov6**; Convergence — **Nov 27**

December: *Identities: God-Bearer/Christ in Us*

Convergence — **Dec 4**

January: *Identities: Worshippers*

Conversations — **Jan 15**; Convergence — **Jan 29**

February: *Identities: The Bride of Christ*

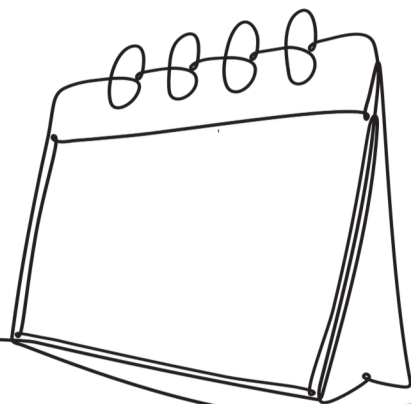
Conversations — **Feb 5**; Convergence — **Feb 26**

March: *Identities: Cultivators/Exiles*

Conversations — **Mar 5**; Convergence — **Mar 19**

April: *Identities: The Cleansed*

Convergence — **Apr 2** (Maundy Thursday)



Gatherings, Events, and Socials

We partner with many Calgary campus ministries and meet throughout the year to foster community and partnership between Christian groups.

Follow us on Instagram to stay updated on how to join the larger Christian community on campus.

Gathering is an important aspect of our life together. We take time to eat together, hike, play sports, host game nights, and so much more!

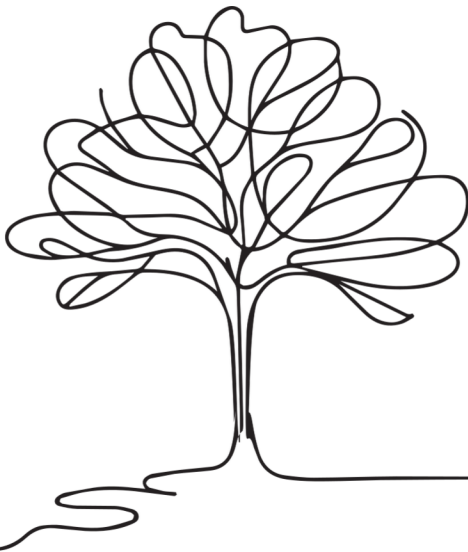
If you would like to be “in the loop” about what is happening next, connect with us through our linktree:

[https://linktr.ee/ucmcalgary.](https://linktr.ee/ucmcalgary)

It's better with you there! Our events may change throughout

the year. To stay updated,

sign up for UCM communication by scanning our **Linktree's QR Code** below:



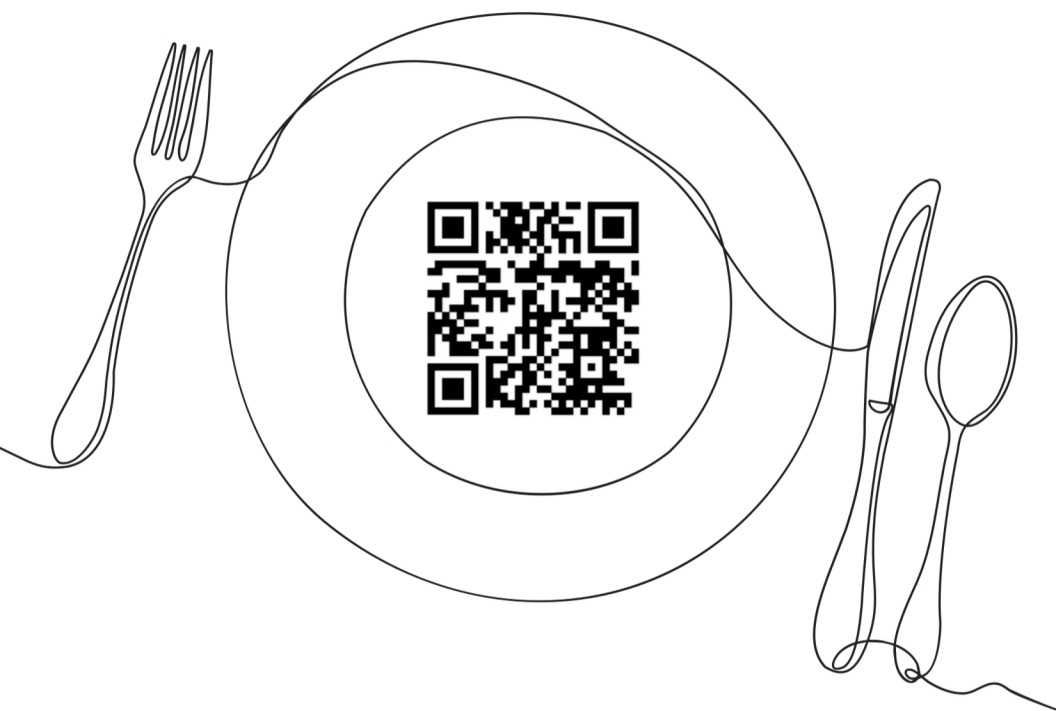
The Table

The Table is a beautiful opportunity to share a delicious free meal (you read that right) with many international students. It is a place where you can form meaningful friendships with students from all over the world!

The Table is held monthly at Journey Church (10307 Eamon Rd NW), which is easily accessed as the last stop on the Northwest C-train line (Tuscany station).

The event begins at 6 pm and concludes by 8 pm. It is for post-secondary students only.

Register to let us know you are coming with the link on our Linktree. **The QR code** is found below!



Service Opportunities

Perhaps you are looking for a way to engage your faith in tangible ways through serving or helping. Here are a few engagement opportunities that are led by UCM staff:

Project Amigo with Kelly Johnson

This is our regular yearly mission to build a home in a developing world context. This is a week-long trip over Winter Reading Break, February 14-21, 2026. Contact Kelly Johnson or Stephanie Alexandre about future plans: kelly.johnson@ucalgary.ca; stephanie@ucmcalgary.org.

Jesus Loves You Society with Art Kung

JLYS Centre for Families is a local Calgary non-profit, located in the Beltline, whose purpose is to build friendships with low-income mothers and their children. Join Art every Thursday, 4-7 pm, to engage with the homework club for the kids, and to join the dinner table to build relationships with families. Contact Art: art.kung@sait.ca for more details.

Outreach Hub at Journey Church

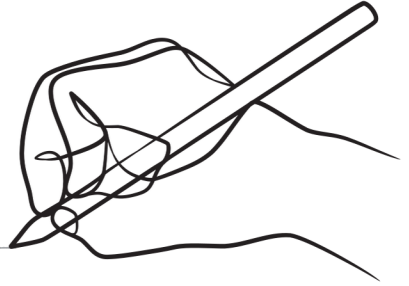
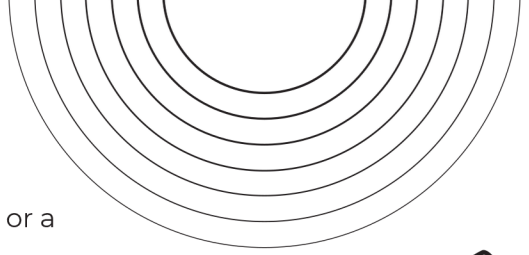
Journey Church hosts an Outreach Hub for those experiencing homelessness all year round. This is an opportunity to serve the poor and marginalized in our society by offering a glass of cold water, clothing them, and serving them food. It is open Monday-Friday from 10-5 year-round. Contact: Logan Johnson, logan@ucmcalgary.org, for more details.

The Friendship Program

The Friendship Program is geared towards helping international students develop meaningful friendships with Canadian families. This is a beautiful opportunity to begin a friendship with international students, having them over for tea, sharing a meal on Canadian holidays, or inviting them to participate in family events! Contact Kelly if you'd like to get involved: kelly.johnson@ucalgary.ca for more information.

Notes

Take notes on a Convergence talk or a daily devo, jot down podcast recommendations, note details of upcoming events, remember someone's favourite coffee shop, write down a quote to remember, etc.



A series of horizontal lines for writing notes, spanning the width of the page below the text area.



UCM Calgary

www.ucmcalgary.org