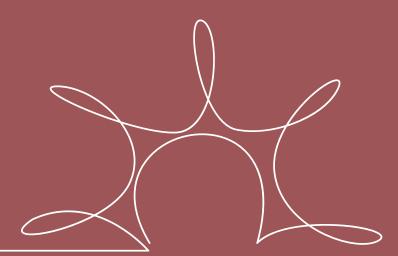
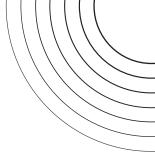
# THE UCM GUIDE 2024-2025



Dailyness

ucmcalgary.org



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### INTRO TO UCM

#### KELLY JOHNSON, CHAPLAIN AT U OF C, UCM TEAM LEADER

University Campus Ministries (UCM Calgary) is a Christian community of students, chaplains, and student leaders at the University of Calgary, Mount Royal University, and SAIT. Our reach is broader than the campuses alone and includes connecting with students and faculty from multiple Calgary post-secondary institutions. We gather to learn, serve, play, and grow in our awareness of God and in meaningful friendship with one another!

Speaking of friendship, one of our greatest desires is to foster an environment where you find belonging over the course of your studies. Finding friends and community on campus is vital to the depth and strength of your faith. We find Jesus at the place where we find his friends. As you lean in and learn alongside peers seeking to know God more, you will be encouraged, challenged, and strengthened in your walk with God.

He will use the university environment to form you, and he has graciously allowed us to create spaces for you to lean into this formation. Whether through prayer, community gatherings, teaching, worship, conversations, and service, you are invited to consciously and intentionally devote time to growing in your character, habits, relationships and faith.

One of the ways we do this is by asking questions of God, ourselves, and others. We encourage you to ask the hard questions this year, for it is in them that you will be drawn deeper into the mystery of God.

You will not be alone in your asking and wrestling! As you ask questions, make new friends, and study, we will come alongside you to pray, guide, listen, and love you all the way to the end of your time on campus and beyond.

Consider this your invitation to join our UCM community as we connect, learn, pray, play, eat and serve together.

Find a place with us; bring your gifts, insights, and creativity.



UCM has supporters and participants from over 20 denominational backgrounds. We are part of the SERVE Campus Network across Canada and the ABNWT District of the PAOC.

UCM has offices at the University of Calgary, Faith and Spirituality Center, 487 MacEwan Student Centre, SAIT in the Stan Grad Centre, MB305, and at Mount Royal University 1143. We would love to meet you! Drop by and say hello!

For more information on us, visit our webpage at ucmcalgary.org.

To stay informed about learning and service opportunities, as well as social gatherings, **subscribe to our Substack page:** <u>ucmcalgary.substack.com/</u>. Download the app and you'll receive a weekly post from us keeping you up to date with what's going on.

Visit our linktree: <u>https://linktr.ee/ucmcalgary</u>.

> Our social media links are listed on page 9 of this guide.

### HOW TO CONNECT WITH US

**Kelly Johnson** — Kelly is our UCM team leader. He works out of the Faith and Spirituality Centre (MSC 487) where he can often be found. You can reach him at <u>johnsok@ucalgary.ca</u>.

Art Kung — Art is our chaplain at SAIT. His office can be found at Stan Grad Centre, MB305. You can reach him at <u>art.kung@</u> <u>sait.ca</u>, or via text at 403-542-0414.

**Daniel Mok** - Daniel Mok is at the University of Calgary and SAIT. You can contact him at <u>danielmok.ucm@gmail.com</u>/ <u>dkkmok@ucalgary.ca</u>.

Logan Johnson — Logan Johnson is our intern at the University of Calgary. You can contact him at <u>logan.johnson1@ucalgary.ca</u>.

**Stephanie Alexandre** — Stephanie Alexandre is our intern at the University of Calgary and Mount Royal University. You can contact her at <u>stephanie.alexandre@ucalgary.ca</u>.

We also have student leaders on all three campuses who desire to grow in their own discipleship and help their peers in their formation. You will meet them at our gatherings!

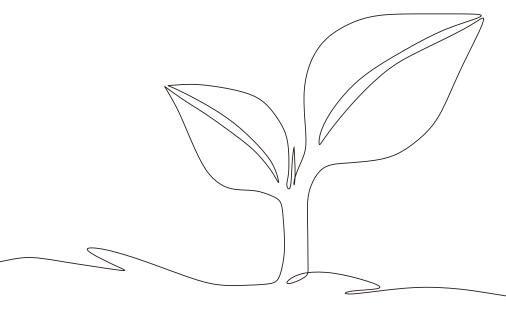
#### RELATIONALLY MENTORING AND EQUIPPING STUDENTS AS THEY SERVE JESUS ON THEIR CAMPUSES, IN THEIR CITY, AND AROUND THE WORLD.



## BECOMING LIKE Jesus, The...

Throughout our university experience, we are all shaped and molded by what we do, who we spend time with and what we are learning. The undeniable fact is that we are all becoming something. We want to walk intentionally through this time of formation to learn about practical ways of how we can begin to look more like Christ.

At Convergence and our accompanying conversations, we will explore aspects of the life of Jesus that He modelled for us throughout His life. Whether it is practices of inward growth and development or of outward service and justice, we want to explore how we as Christians can do that in the spaces that we live in. As we progress through this year in community, we hope that you will find that becoming more like Christ also means becoming more of yourself and who God has created you to be. You can take a look at this year's topics and dates on pages 10-11 in our guide.



### REMAINING IN dailyness

#### dai·ly·ness | ′dā-lē-nəs | noun

The fact or condition of happening or being done on a daily basis. Also: the quality of being ordinary, routine, or mundane; e.g. everyday character; reliable regularity.

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. (John 15:4)

#### A FEW PRACTICES OF DAILYNESS

**Daily Devotion:** At the heart of dailyness is our time spent with God in Bible reading and prayer. To help this practice form in us, we are using the devotional Seeking God's Face by Philip Reinders (see next page for details). Get your copy and participate with us!

**Daily Attention:** One of the key spiritual faculties each of us needs to develop is our ability to notice how God is with us and how he might be leading us and teaching us. We call this paying attention. We want to learn this way together, regularly reporting on what we are noticing.

**Daily Connection:** The Christian life is primarily about our connections and only secondarily about our disciplines and commitments. If righteousness is "right-relatedness," then consider how you can best connect. Grab a coffee with a friend, show up to events and gatherings, and be with people.

**Daily Service:** Service is more than an event you sign up for; service is a way of thinking and being, which finally becomes an identity. Paul, following his master Jesus, called himself a servant. What would it be like, then, to be conscious of daily ways of helping, assisting, and attending? Don't think first of the big things you can do but of the smaller, less-noticed things.

### DISCIPLESHIP TEAM:

We believe that discipleship is at the heart of what it means to be a Christian. Discipleship is the experience of following Jesus and becoming more like Him in the process. Learning from Him, observing Him and spending time with Him. It also involves serving alongside him, being sent out by him and being empowered by him. In addition to this, these disciples make other disciples.

At UCM this year, we want to intentionally call students to follow on this discipleship walk. This means we would like to give you opportunities for both service and leadership. If you choose to join our discipleship team, there will be moments throughout the year to learn ways of being with Jesus, ways of serving, and consistent encouragement to make other disciples. This will happen through meetings with a staff member, larger team meetings, service opportunities and a variety of other avenues for our discipleship to grow throughout your time on campus. Talk to any of our staff members about what it looks like to join us on a deeper discipleship journey.

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### OUR DEVOTIONAL THIS YEAR: SEEKING GOD'S FACE

It is year three of our community commitment to dailyness. This year we want to anchor our prayer by following the devotional resource Seeking God's Face: Praying with the Bible Through the Year, by Philip Reinders.



This resource provides daily scripture readings, quiet listening prompts, set prayers, and a closing blessing! Additionally, the devotional follows the seasons and celebrations of the Christian calendar, which urges us to take our lives and place them in the broader story of Jesus, allowing our lives to be shaped by the rhythm of his life!

Each day of prayer contains a complete 'office'

to pray, and a number of elements for you to pray with, either quietly or aloud! The daily pattern of prayers contain a psalm, a bible passage, time for silence, free prayer, set prayer, and a blessing to carry with you throughout the day!

As we participate in the Seeking God's Face daily readings together, we seek to be shaped, formed, and transformed by the Holy Spirit's indwelling presence in our community, and in our own lives!

We are excited about this! You can receive a hard copy from us for a discounted price of \$25. If you can't afford this resource, please talk to us. We want to get one in everyone's hands who will honestly pursue dailyness. Visit https://seekinggodsface. org for the daily devotional online. You can e-transfer UCM at donateucmcalgary@gmail.com.

We ask that you pursue the call to dailyness with us!



### LIFE TOGETHER

#### DAILY MORNING PRAYER

**Daily Prayers at the U of C** – Morning prayers Monday Wednesday, and Friday starting at 9 am in MacHall 317

**Daily Prayers at MRU** – Contact Kelly for more information at <u>kpjohnson@mtroyal.ca</u>.

#### WEEKLY GATHERINGS ON CAMPUS

Worship @ the U (U of C) — We meet at noon on Mondays, in MacHall 317. We dismiss promptly at 12:50 pm so you can get back to class. Contact <u>dkkmok@ucalgary.ca</u>.

Worship @ the Well (MRU) — We meet Wednesdays at noon, in U111. Contact <u>kpjohnson@mtroyal.ca;</u> <u>stephanie.alexandre@ucalgary.ca</u>.

**Christian Prayer @ SAIT** – Hosted in MC311. Contact Art at <u>art.kung@sait.ca</u>.

Interfaith Interface at SAIT – we meet every Friday at 10 am in MB305. Contact <u>art.kung@sait.ca</u>.

#### SOCIAL MEDIA POSTINGS

Join our social media accounts:

- instagram.com/ucmcalgary
- facebook.com/ucmcalgary

#### SUBSTACK

We provide weekly updates: <u>ucmcalgary.substack.com</u>.

#### **EVENTS**

Visit our linktree: linktr.ee/ucmcalgary.

### THE CONVERGENCE

The Convergence is a monthly gathering of students from across our three campuses (we converge). Led by the UCM team, and powered by student participation, the convergence gathering is a time to worship, and learn through teaching off campus! The talks are intended to engage both the mind and the heart. Our faith is worthy of serious intellectual engagement, while at the same time intended to be an experience of God with each other! This is how we are changed!

#### THIS YEAR'S THEME: BECOMING LIKE JESUS, THE...

Location: "Chapel" at Brentview Baptist 3512 Charleswood Dr NW

#### CONVERGENT CONVERSATIONS

Convergent Conversations is our anticipatory interaction with the Convergence theme. In it, we seek to go deeper into the topic by asking questions and sharing initial reflections! Held as a live conversation, and facilitated by a staff person or a student lead, we invite you to bring your questions and thoughts as we discuss the topic together!

#### THE CONVERGENCE PODCAST

We've got a podcast! The Convergence Podcast can be found on all major listening platforms. Search for The Convergence Podcast or UCM Calgary on your favourite audio app.

### 2024-2025 CONVERGENCE SCHEDULE

#### THIS YEAR'S THEME: BECOMING LIKE JESUS, THE ....

September:	<b>Becoming like Jesus the Student</b> Convergent Conversations — September 12; Convergence — September 26	
October:	<b>Becoming like Jesus the Lover</b> Convergent Conversations — October 10; Convergence — October 24	
November:	<b>Becoming like Jesus the Wanderer</b> Convergent Conversations — November 7; Convergence — November 28	
December:	Becoming like Jesus the Lifter Convergence — December 12	/
January:	Becoming like Jesus the Healer Convergent Conversations — January 9; Convergence — January 23	
February:	<b>Becoming like Jesus the Author</b> Convergent Conversations — February 6; Convergence — February 27	
March:	<b>Becoming like Jesus the Artisan</b> Convergent Conversations — March 6; Convergence — March 20	
April:	<b>Becoming like Jesus the Cross-Bearer</b> Convergence — April 3	

### GATHERINGS, Events, and Socials

We partner with the 403 Campus Network and meet throughout the year to foster community and partnership between Christian groups. Follow us on Instagram to stay updated on how to join with the larger Christian community on campus.

Gathering is an important aspect of our life together! We take time to eat together, hike, play sports, host game nights and so much more!

If you would like to be "in the loop" about what is happening next, connect with us through our Linktree: <u>https://linktr.ee/ucmcalgary</u>.

It's better with you there!

Our events may change throughout the year. To stay updated, sign up for UCM communication by scanning our Linktree's QR Code below:





### THE TABLE

The Table is a beautiful opportunity to share a delicious free meal (you read that right) with many international students! It is a place where you can form meaningful friendships with students from all over the world!

The Table is held monthly at Journey Church (10307 Eamon Rd NW) which is easily accessed as the last stop on the Northwest C-train line (Tuscany station).

The event begins at 6 pm and concludes at 8 pm! It is for postsecondary students only!

#### REGISTER TO LET US KNOW YOU ARE COMING>

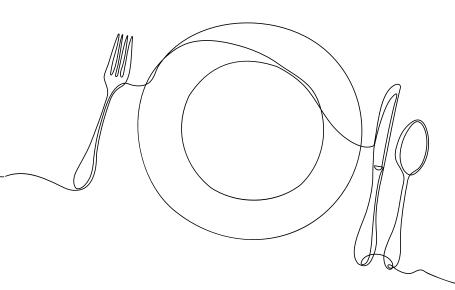
#### THIS YEAR'S DATES FOR THE TABLE ARE:

September 19 October 17

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November 21 March 13 January 16 April 10 February 13





### SERVICE OPPORTUNITIES

Perhaps you are looking for a way to engage your faith in tangible ways through serving or helping. Here are a few engagement opportunities that are led by UCM staff:

#### Project Amigo with Kelly Johnson

This is our regular yearly mission to build a home in a developing world context. This is a week-long trip over Winter Reading Break, February 14-23. Contact Kelly Johnson or Stephanie Alexandre about future plans: <u>kelly.johnson@ucalgary.ca</u>; <u>stephanie.</u> <u>alexandre@ucalgary.ca</u>.

#### Jesus Loves You Society with Art Kung

JLYS Centre for Families is a local Calgary non-profit, located in the Beltline, whose purpose is to build friendships with low-income mothers and their children. Join Art every Thursday, 4-7pm, to engage with homework club for the kids, and to join the dinner table to build relationships with families. Contact Art: <u>art.kung@sait.ca</u>.

#### **Outreach Hub at Journey Church**

Journey Church hosts an Outreach Hub for those experiencing homelessness all year around. This is an opportunity to serve the poor and marginalized in our society by offering a glass of cold water, clothing them and serving them food. It is open Monday, Wednesday and Friday from 12-5 and from November-March it is open Monday-Friday for 10-5 during the colder months. Contact: Logan Johnson <u>logan.johnson1@ucalgary.ca</u>.

#### The Friendship Program

The Friendship Program, <u>www.thefriendshipprogram.com</u>, is geared towards helping international students develop meaningful friendships with Canadian families. This is a beautiful opportunity to begin friendship with international students, having them over for tea, sharing a meal on Canadian holidays or inviting them to participate in family events! Contact Kelly if you'd like to get involved: <u>kelly.johnson@ucalgary.ca</u>.

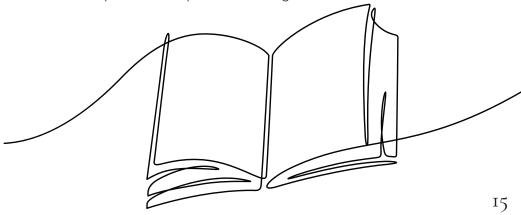
### 2024 UCM ONE-DAY FALL RETREAT

Here is a great way to launch our year together! On **Saturday**, **September 21**, we invite you to a one-day retreat in the city. This is a special chance to get to know other members of the UCM community, hear relevant teaching about this year's big theme, *Becoming Like Jesus, The...*, in the dailyness, enjoy a great meal, and find spiritual encouragement for the busy school year ahead. We promise it will be a great time!

Our retreat will be held at the Jesus Loves You Society (240 - 15 Ave SW, Calgary), from 9:30 am to 3 pm on September 21. The cost for the day is \$10. For more info and to register, visit our linktree: <u>https://linktr.ee/ucmcalgary</u>.

#### What to expect at the September 21 One-Day Retreat:

- Exposure to the JYLS society, one of this year's service opportunities.
- Sessions on the principles and practices of our 2024-25 theme of dailyness and **Becoming like Jesus, the ...** — led by UCM leaders/staff.
- Lunch together.
- Break-out sessions, Q and R sessions.
- Meet new people, and make new friends from across our various campuses.
- · Inspiration and spiritual encouragement.



### NOTES

Take notes on a Convergence talk or a daily devo, jot down podcast recommendations, note details of upcoming events, remember someone's favourite coffee shop, write down a quote to remember, etc.

